

Jane Stafford, Ph.D.

CURRICULUM VITAE

Work Address:
University of South Carolina Aiken
471 University Parkway
Aiken, SC 29801

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EDUCATION

- 08/2001- POST-DOCTORAL FELLOWSHIP
09/2003 WOMEN'S HEALTH SCIENCES DIVISION, NATIONAL CENTER FOR PTSD
VA BOSTON HEALTHCARE SYSTEM, BOSTON, MASSACHUSETTS
- 05/2002 PH.D., CLINICAL PSYCHOLOGY
STATE UNIVERSITY OF NEW YORK AT BINGHAMTON, BINGHAMTON, NEW YORK
- 07/2000- PRE-DOCTORAL INTERNSHIP IN CLINICAL PSYCHOLOGY
07/2001 MEDICAL UNIVERSITY OF SOUTH CAROLINA, CHARLESTON, SOUTH CAROLINA
- 05/1998 M.A., CLINICAL PSYCHOLOGY
STATE UNIVERSITY OF NEW YORK AT BINGHAMTON, BINGHAMTON, NEW YORK
- 05/1987 B.S., PSYCHOLOGY
FAIRFIELD UNIVERSITY, FAIRFIELD, CONNECTICUT

PSYCHOLOGY LICENSURE

SOUTH CAROLINA LICENSE NO. 1008, LICENSED PSYCHOLOGIST

ACADEMIC POSITIONS

- 07/2024- Chair, Department of Psychology
present UNIVERSITY OF SOUTH CAROLINA AIKEN
- 08/2019- Professor
present UNIVERSITY OF SOUTH CAROLINA AIKEN
- 08/2011- Associate Professor
08/2019 UNIVERSITY OF SOUTH CAROLINA AIKEN
- 08/2008- Director of the Applied Clinical Psychology Graduate Program
08/2024 Director of the Psychology Clinic
UNIVERSITY OF SOUTH CAROLINA AIKEN
- 08/2005- Assistant Professor
08/2011 UNIVERSITY OF SOUTH CAROLINA AIKEN

LEADERSHIP POSITIONS IN PROFESSIONAL ORGANIZATIONS

07/2024- present Board Member, Master's in Psychology and Counseling Accreditation Council

2018-2024 Chair, Master's in Psychology and Counseling Accreditation Council

2016-2018 Board Member, Master's in Psychology and Counseling Accreditation Council

GRANTS

The Advancement of Neuroscience Research Involving Interdisciplinary Collaborations to Investigate Cognition and Brain Function using Electroencephalogram (EEG) at University of South Carolina Aiken.

South Carolina, ASPIRE III, funded in the amount of \$99,956, 8/2014 to 8/2015

Role: CI

The Effect of Gender Roles and Gender Identity on Perceptions of Sexual Behavior

Magellan Scholars Program, funded in the amount of \$3,000, 2010-2011

Role: PI

BIBLIOGRAPHY

PUBLICATIONS (*bold indicates student authors*)

Hall, K., Wilensky, S., Cho, B., & Stafford, J. (2024). The role of gender in the relationship between negative reactions to sexual abuse disclosure and masculinity norm adherence. *Journal of Child Sexual Abuse*, *34*(1), 84-102. doi: 10.1080/10538712.2024.2448470

Jelsone-Swain, L., **Settepani, M.**, **McMullen, K.**, Stafford, J., & Cho, B. (2023). An examination of mindfulness on Mu suppression and pain empathy and its relation to trait empathy. *Social Neuroscience*, *18*, 245-255. doi: 10.1080/17470919.2023.2242093.

Hall, K., Stafford, J., & Cho, B. (2023). Women receive more positive reactions to childhood sexual abuse disclosure and negative reactions are associated with mental health symptoms in adulthood for men and women. *Journal of Interpersonal Violence*, *38*, 8803-8823. DOI: 10.1177/08862605231159630

Weed, K., **Usry, C. H.**, & Stafford, J. (2021). College students who are mindful about math achieve better grades. *Mind, Brain, and Education*, *16*, 48-53. doi.org/10.1111/mbe.12308

Roach, A. E., Hines, C., Stafford, J., & Mooney, S. R. (2020). Repetitive transcranial magnetic stimulation (TMS) for treatment-resistant depression in Active Duty Service Members

improves depressive symptoms. *The Journal of ECT*, 36, 279-284. doi: 10.1097/YCT.0000000000000680

- Mooney, S. R., Stafford, J., & Seats, E. (2018). Medical Evaluation Board involvement, non-credible cognitive testing, and emotional response bias in concussed service members. *Military Medicine*, 183, e546-e554. <https://doi.org/10.1093/milmed/usy038>
- Stafford, J., & Elzy, M. (2015). Understanding and treating military sexual trauma: A misunderstanding of the evidence (Review of the book *Understanding and Treating Military Sexual Trauma*, by K. Zaleski). *PsychCRITIQUES*, 60.
- Watford, T. S., & Stafford, J. (2015). The impact of mindfulness on emotion dysregulation and physiological reactivity under emotional provocation. *Psychology of Consciousness: Theory, Research and Practice*, 2, 90-109.
- Bell, M.E., Street, A.E., & Stafford, J. (2014). Reporting sexual harassment in the Military: Associations between victims' perceptions of the reporting process and psychosocial well-being. *Journal of Trauma & Dissociation*, 15, 133-152.
- Taft, C. T., Watkins, L. E., Stafford, J., Street, A. E., & Monson, C. M. (2011). PTSD and relationship functioning: A meta-analysis. *Journal of Consulting and Clinical Psychology*, 79, 22-33.
- Street, A. E., Stafford, J., Mahan, C., & Hendricks, A. (2008). Sexual harassment and assault experienced by Reservists during military service: Prevalence and health correlates. *Journal of Rehabilitation Research and Development*, 45, 409-419.
- Gradus, J. L., Street, A. E., Kelly, K., & Stafford, J. (2008). Sexual harassment experiences and harmful alcohol use in a military sample: Differences in gender and the mediating role of depression. *Journal of Studies on Alcohol and Drugs*, 69, 348-351.
- Vogt, D., Bruce, T., Street, A. E., & Stafford, J. (2007). Attitudes toward women and tolerance for sexual harassment among military personnel. *Violence Against Women*, 13, 879-900.
- Street, A. E., Gradus, J. L., Stafford, J., & Kelly, K. (2007). Gender differences in experiences of sexual harassment: Data from a male-dominated environment. *Journal of Consulting and Clinical Psychology*, 75, 464-474.
- Shipherd, J. C., Stafford, J., & Tanner, L. R. (2005). Predicting alcohol and drug abuse in Persian Gulf War veterans: What role do PTSD symptoms play? *Addictive Behaviors*, 30, 595-599.
- Keane, T. M., Street, A. E., & Stafford, J. (2004). Assessment of military-related posttraumatic stress disorder. In J. P. Wilson & T. M. Keane (Eds.) *Assessing psychological trauma and PTSD*. New York: The Guilford Press.
- Street, A. E., Stafford, J., & Bruce, T. A. (2003). Sexual harassment. *PTSD Research Quarterly*, 14, 1-7.

- Resnick, H. S., Acerino, R., Stafford, J., & Ridings, R. (2003). Early interventions strategies applied following rape. In R. Orner and U. Schnyder (Eds.), *Reconstructing early intervention after trauma*. London: Oxford University Press.
- Lynn, S. J., Pintar, J., Fite, R., Ecklund, K., & Stafford, J. (2003). Towards a social narrative model of revictimization. In L. Koenig, A. O'Leary, L. Doll, & W. Pequenat (Eds.), *From child sexual assault to adult sexual risk: Trauma, revictimization, and intervention*. Washington, D.C.: American Psychological Association.
- Stafford, J., & Lynn, S. J. (2002). Cultural scripts, satanic ritual abuse, and multiple identities: A study of role-played enactments. *The International Journal of Clinical and Experimental Hypnosis*, 50, 67-85.
- Lynn, S. J., Vanderhoff, H., Shindler, K., & Stafford, J. (2002). Defining hypnosis as a trance vs. cooperation: Hypnotic inductions, suggestibility, and performance standards. *American Journal of Clinical Hypnosis*, 44, 231-240.
- Gidycz, C. A., Lynn, S. J., Rich, C. L., Marioni, N. L., Loh, C., Blackwell, L. M., Stafford, J., Fite, R., & Pashdag, J. (2001). The evaluation of a sexual assault risk reduction program: A multisite investigation. *Journal of Consulting and Clinical Psychology*, 69, 1073-1078.
- Lynn, S. J., Malinoski, R., Marmelstein, L. R., & Stafford, J., & Green, J. (2000). Autobiographical memories, hypnotizability, and suggestion. In V. Pascalis, V. Gheorghieu, P. Sheehan, & I. Kirsch (Eds.), *Suggestion and suggestibility: Theory and research*. Berlin: International Hypnosis Monographs.
- Amir, N., Stafford, J., Freshman, M. S., & Foa, E. B. (1998). Relationship between trauma narratives and trauma pathology. *Journal of Traumatic Stress*, 11, 385-392.
- Lynn, S. J., Pintar, J., Stafford, J., Marmelstein, L., & Lock, T. (1998). Rendering the implausible plausible: Narrative, imagination, and suggestion. In T. R. Sarbin, & J. D. deRivera (Eds.), *Versions of reality: Narrative, belief, and memory*. Washington, DC: American Psychological Association.
- Lynn, S. J., Stafford, J., & Kirsch, I. I. (1998). The unresponsive hypnotic subject. In W. H. Matthews, & J. Edgette (Eds.), *Current thinking and research in brief therapy*, vol. 2, New York: Brunner/Mazel, Inc.
- Lynn, S. J., Stafford, J., Malinoski, P., & Pintar, J. (1997). Memory in the hall of mirrors: The experience of retractors in psychotherapy. *Psychological Inquiry*, 8, 307-312. (Invited commentary on deRivera, The false memory syndrome: The experience of retractors).

SELECT RECENT CONFERENCE PRESENTATIONS (**bold indicates student authors**)

- Ayer, K., & Stafford, J. (2025). The association of narcissism in parents on empathy in emerging adults.** Poster to be presented at the 69th Annual meeting of the Southeastern Psychological Association, Atlanta, GA.

- Hall, K., & Stafford, J. (2022).** Mental health outcomes associated with social reactions to childhood sexual abuse disclosure. Poster to be presented at the 68th Annual meeting of the Southeastern Psychological Association, Hilton Head Island, SC.
- Hall, K., Rhoad, K., Blanks, A., & Stafford, J. (2020).** Mindfulness exercise increases emotional expression during a distress disclosure writing task. Poster presented virtually at the Annual meeting of the Association for a Psychological Science, Chicago, IL.
- Kolsut, K., Zack, A., Pazda, A., Carrigan, M. & Stafford, J. (2020)** Attribution of Blame in Sexual Assault: A Vignette Study. Paper presented virtually at the 66th Annual meeting of the Southeastern Psychological Association, New Orleans, LA.
- Kolsut, K., Stafford, J. & Weed, K. (2020).** Investigating Intergenerational Continuity of Abuse: A 20-year Longitudinal Study. Paper presented virtually at the 66th Annual meeting of the Southeastern Psychological Association, New Orleans, LA.
- Taylor, J. & Stafford, J. (2019).** Identification of risk factors for human trafficking in Southeast Asia. Poster presented at the 65th Annual meeting of the Southeastern Psychological Association, Jacksonville, FL.
- Cocchiara, A., Hines, C., Bartocci, A., Raintree, J., Waelti, K., Agius, M., Huff, J., Roach, A., Stafford, J., & Mooney, S.R. (2017).** Efficacy of routine TMS for refractory depression in Active Duty Service Members in a DoD Outpatient Behavioral Health Clinic. Research poster presentation at the Military Health System Research Symposium, Kissimmee, FL.
- Watford, T. S., & Stafford, J. (2016).** HRV mediates mindfulness training impact on emotion regulation. Poster presented at the 28th Annual meeting of the Association for Psychological Science, Chicago, IL.

THESES CHAIRED

- Sanchez, L. (2026). A feasibility study of a brief anxiety intervention for military-affiliated students and veteran community members.
- Blanks, A. (2024). A qualitative analysis of immigration-related stressors and protective factors in refugee parent from the Central African Republic.
- Torres, G. (2023). Examination of sexual assault victim blaming among cisgender and transgender female and male victims.
- Hall, K. (2021). Childhood sexual abuse disclosure and mental health outcomes: The relationship between gender, parental style, and masculinity norms.
- Henry, C. (2020). Risk factors associated with somatic symptoms following military sexual trauma in members of the National Guard and Reserves.
- Siebach, E. (2019). An examination of trauma-related psychotherapy outcomes at an outpatient military behavioral health clinic.
- Taylor, J. (2019). Identification of risk factors of human trafficking in Southeast Asia.
- Cocchiara, A. (2018). The role of sleep in the effectiveness of Transcranial Magnetic Stimulation for the treatment of depression among military personnel.
- McDonald, P. (2018). An outcome study of a military interdisciplinary chronic pain intensive outpatient program.

- Smith, H. (2016). An examination of the relationship between psychological distress and risky sexual behaviors among a treatment-seeking opioid-dependent population.
- Fleming, S. (2015). The effects of mindfulness on verbal distress disclosure.
- Eitel, K. (2014). The effects of mindfulness and distress disclosure on emotional expression.
- Lytle, K. (2014). PTSD and relationship dysfunction: Is emotional numbing the culprit?
- Seats, L. (2014). An examination of factors related to suboptimal CVT performance in a mildly concussed military sample.
- Watford, T. (2014). The impact of mindfulness on emotion dysregulation and psychophysiological reactivity under emotional provocation.
- Tipton, C. (2013). The utility of a five-factor model of PTSD: An examination of statistical fit and the relationship between the five factors and health in former reservists.
- Hester, S. (2011). Do alterations in social interactions mediate the positive outcomes associated with written emotional disclosure?
- LaVallee, J. (2011). Comparing trait and induced state anxiety attentional bias and switch cost using the ACCE.
- Bush, R. (2010). The Graniteville chlorine spill: A study of community support and psychological distress.
- Chidume-Okoro, N. (2010). The role of dissociation and suppressed physiological reactivity in predicting PTSD symptomatology.
- Mallet, S. (2010). Do alterations in social interactions mediate the positive outcomes associated with written emotional disclosure?
- Moseley, C. (2010). The impact of expressive writing on working memory and psychological functioning in college students with childhood maltreatment histories.
- Shaffer, S. (2010). The functionality of self-injury related to distress tolerance and physiological response to stress.
- Zielinski, S. (2008). Effects of expressive writing on experiential avoidance, acceptance, and emotional intelligence.
- Bailey, S. (2007). An investigation of forgetting and its link to retraumatization, dissociation, and cognitive control.

HONORS AND DISTINCTIONS

- 2013 Sabbatical (fall)
- 2013 C-NERVE Course Development Award (\$3000)
- 2012 Nominated for Advisement Award USC Aiken
- 2010 Nominated for Excellence in Teaching Award USC Aiken
- 2009 Magellan Scholar Grant from USC (student: Melissa Peters; \$3,000)
- 2009 Nominated for Excellence in Teaching Award USC Aiken
- 2008 Nominated for Scholarly Activity Award USC Aiken
- 2007 Nominated for best professional paper award by SEPA
- 2005 Faculty research grant from Hartwick College (\$2,700)
- 2000-
- 2001 NIMH Pre-doctoral Internship Training Grant (\$16,000)
- 2000 Small Grant Award from The Society for the Psychological Study of Social Issues and a matching grant from SUNY, Binghamton (\$1,200)
- 1999-
- 2000 University-Wide Dissertation Year Fellowship Award (\$8,500)
- 1999 Nominated by the Department of Psychology for the American Psychological Foundation Graduate Research Scholarship
- 1998 Nominated for University-Wide Graduate Student Excellence Award

COURSES TAUGHT

Graduate: Career and Lifestyle Development; Cognitive Assessment; Pathology and Personality Assessment; Practicum: Acceptance and Commitment Therapy; Psychopathology

Undergraduate: Abnormal Psychology; Introduction to Psychology; Quantitative Analysis for the Behavioral Sciences

UNIVERSITY SERVICE

Academic Council Steering Committee (2025-present)

Coordinator of Assessment for the Department of Psychology (2017-2024)

Faculty DEI Taskforce chair (2022-2023)

University Judicial Board member (2010-2022)

Developed and co-lead/supervised LGBTI+ resilience group for USCA students (2017-2019)

General Education Committee (2017-2018)

Behavioral Intervention Team (2014-2018)

Promotion and Tenure Committee member (2015-2017; co-chair 2016-2017)

Judge for USC Aiken Research Day (2012; 2013; 2017)

Faculty Grievance Committee (2015-2017)

Magellan Scholar application reviewer (2011; 2012; 2013; 2014)

Faculty Advisory Committee (2009-2012; chair 2010-2012)

Campus Life Committee (2008-2011)

New Faculty Orientation (2006-2007)

CLINICAL EXPERIENCE

02/12- present *CLINICIAN*
 AIKEN PSYCHIATRIC AND PSYCHOTHERAPY ASSOCIATES
 Aiken, SC

10/03- 9/05 *MEDICAL REVIEW PSYCHOLOGIST*
 OFFICE OF SOCIAL SECURITY AND DISABILITY
 Endicott, New York

09/01- 09/03 *CLINICIAN*
 WOMEN'S HEALTH SCIENCES DIVISION, NATIONAL CENTER FOR PTSD
 VA BOSTON HEALTHCARE SYSTEM
 Boston, Massachusetts
 Supervisor: Amy Street, Ph.D.

08/00- 07/01 *CLINICAL PSYCHOLOGY INTERN*
 MEDICAL UNIVERSITY OF SOUTH CAROLINA AND VAMC CONSORTIUM
 Charleston, South Carolina
 Rotations: National Crime Victims Research and Treatment Center, VAMC
 Posttraumatic Stress Disorder Clinic, VAMC Behavior Medicine Clinic, Center for Drug
 and Alcohol Programs, and IMPACT

Supervisors: Heidi Resnick, Ph.D., Michael de Arellano, Ph.D., Owen S. Shoemaker, Ph.D., John Roitzsch, Ph.D., Richard Harvey, Ph.D., Michael Saladin, Ph.D., and Carol Denier, Ph.D.

08/00- CLINICAL INTERVIEWER
 07/01 RALPH H. JOHNSON VA MEDICAL CENTER
 Charleston, South Carolina
 Supervisor and Primary Investigator: Chris Freuh, Ph.D.

EDITORIAL ACTIVITIES

AD HOC REVIEWER: Journal of Interpersonal Violence
 ___ Journal of Traumatic Stress
 _____ Psychological Assessment
 Mindfulness
 Journal of Studies on Alcohol and Drugs

NATIONAL EDUCATION AND TRAINING ACTIVITIES

Invited Author, National Center for PTSD Fact Sheet, "Military Sexual Trauma: Issues in Caring for Veterans" (2003)

GOVERNMENT RESEARCH REPORTS

Street, A. E., Stafford, J., Mahan, C. M., Hendricks, A. M., Gardner, J. A., & Bruce, T.A. (2003). Military sexual trauma among the reserve components of the armed forces. In U. S. D. o. V. Affairs (Ed.).

PROFESSIONAL AFFILIATIONS & MEMBERSHIPS

1995- ASSOCIATION FOR BEHAVIORAL AND COGNITIVE THERAPIES
 present

2011- AUGUSTA AREA PSYCHOLOGICAL ASSOCIATION
 present

2007- SOUTHEASTERN PSYCHOLOGICAL ASSOCIATION